West Virginia Child Care Health Educators

Training Topics

2 Hour:

- All That Sugar and Fat •
- Beans...More Than Just Cute • Songs
- Bed Bugs and Beyond •
- Being a Good Role Model •
- **Breastfeeding Basics** •
- Identifying Environmental • Hazards 1
- Identifying Environmental Hazards 2
- Indoor and Outdoor Safety •
- Let's Make a Menu •
- Let's Move •
- New Recipe Ideas 1 •
- New Recipe Ideas 2 •
- **Oral Health** •
- **Picky Eaters** •
- Planting Seeds for Healthy Eating •
- Safe Sleep Practices •
- Stress Management •
- **Understanding Special Dietary** Needs

1 Hour:

- Fun and Healthy Snacks
- Infant Feeding



Child Care Health Educator North

Choices, Child Care Resource Center, and MountainHeart North Renee Y. Stonebraker, RS 304-710-9695

rstonebraker@rvcds.org

Child Care Health Educator South

Link, Connect, and MountainHeart South Harmony Vance-Tissenbaum 304-690-5826 hvance@rvcds.org

www.wvearlychildhood.org

ATTENTION CHILD CARE PROVIDERS

The Child Care Health Educators are available to provide free 1- and 2-hour WV STARS registered trainings on health, safety, and nutrition topics.

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